Ocean Groove

Ages 3–6

Objectives:

1. Students will observe and describe characteristics of living things and the physical world.
2. Students will demonstrate appreciation for different forms of artistic expression.
3. Students will demonstrate self-expression and creativity in a variety of forms and contexts, including play, visual arts, music, drama, and dance.
4. Students demonstrate creativity, imagination, and inventiveness.
5. Students develop interest in books and motivation to read.

Materials:

- Copy of *Hello, World! Ocean Life* by Jill McDonald (Animated Read Aloud HERE)
- A gym, media room, or dance room
- Downloaded Music (Links Below)
- A loud speaker

Directions:

- When you come to the Charleston Gaillard Center, you are going to see an exciting show called *The Littlest Cove* by Treehouse Shakers. In this show, you will get to see dancing, acting, singing, puppets, and more.
- What is a sail boat? A sail boat is a type of boat that uses large pieces of fabric, called sails, to catch the wind that moves the boat forward through the water.
- What does the boat sail on? The ocean! Most of the Earth is covered in water. Some parts of the ocean are shallow and only go up to your knees, and sometimes the ocean is very deep where you can't touch the bottom.
- Who has gone to a beach before? You may notice, the water sometimes moves closer to land and then moves back out away from land. This is called ebb and flow. Ebb means the water is moving back out to sea. Flow means

the water is coming towards land. The ocean ebbs and flows 2 times a day creating high tides and low tides.

- There are many different animals that live in the ocean. Some are smaller than your hand, and some are larger than 2 of your school buses combined.
- The ocean is the habitat for these animals. What do you think a habitat is? A habitat is the environment where an animal lives. It is the animals' home.
- Today we are going to read *Hello, World! Ocean Life* to learn more about which animals live in the ocean.
- Read *Hello, World! Ocean Life.*
- After reading the book, ask "Which animal did you see that was very big?" "Which animal did you see that was small?"

Activity Directions:

- Start background music HERE.
- Let's dance! First, we need to set our habitat. We talked about water ebbing and flowing. The front of the room will be land, and the back of the room will be the ocean.
- If you are water, how would you move?
    - While moving like water, let's travel like water ebbing going out to sea (move to the back of the classroom).
    - Now the water is flowing, so let's travel towards land (move like water to the front of the class room).
    - Water can change with the weather. What kind of weather do you think changes the water? If there is a big storm and the water is rough, how would the water move ebbing? (move like rough water to the back of the classroom).
    - Now, the storm has passed, the sun is just now rising, and the water is very calm. Move like calm water flowing (move like calm water to front of classroom).
- Have students stand in a line. If you throw a rock into the water, what do you think will happen? Water will ripple and move because of the rock. Let's pretend I throw a rock in the water near the right side of the line, how would you move as the water moves? (goal is to do the wave).
    - Do the same from the left side of the line.

    - Do the same from the middle going out towards both ends.
- Now that we have our environment, we need our ocean animals. Some animals travel in groups, others travel alone. Let's practice traveling as animals in groups. Split into 3 groups. Group number 1 will be sharks. Group number 2 will be fish. Group number 3 will be jellyfish (have photos of the animals prepared to show students that may not be familiar with the listed animals).
- Play music HERE
    - Now, move with your group around the ocean how you think your animal would move. As they are moving, ask how their groups react to the others. How would fish react if they see a group of sharks coming towards them?
    - Switch groups.
    - Now, you can pick any ocean animal. Travel through the water as your ocean animal.
- Now let's learn the *Ocean Groove*!
- Walk through all movements below.
- Play music HERE (2:33-end).
    - 2-8 counts jump into water with hand on nose while other hand waves down each side.
    - 1-8 count swim.
    - 1-8 count shark (clapping hands in front).
    - 1-8 count octopus (lean right and left while waving through your arms).
    - 1-8 count jellyfish to the right (3-step turn to the right and wave arms low while leaning right and left).
    - 1-8 count jellyfish to the left (3-step turn to the left and wave arms low while leaning right and left).
    - 1-8 count dolphin to the the right (put hands together and act like they are a dolphin jumping in the waves while feet step together step touch).
    - 1-8 count dolphin to the the left (put hands together and act like they are a dolphin jumping in the waves while feet step together step touch).

    - 1-8 count starfish (feet stay grounded while arms rise to a star position).
    - Final pose (pick your own ocean animal pose).

Conclusion:

The Littlest Cove will be a fun and creative way to learn more about our beautiful coasts and the creatures that live there.

SC Early Learning Standards:

- Goal CD-4: Children demonstrate appreciation for different forms of artistic expression.
- Goal CD-5: Children demonstrate self-expression and creativity in a variety of forms and contexts, including play, visual arts, music, drama, and dance.
- Goal CD-10: Children observe and describe characteristics of living things and the physical world.
- Goal APL-4: Children demonstrate creativity, imagination, and inventiveness.
- Goal LDC-8: Children develop interest in books and motivation to read.
- Dance Anchor Standard 1: I can use movement exploration to discover and create artistic ideas and works

  ELA.AOR.1: Evaluate and critique key literary elements that enhance and deepen meaning within and across texts.