PREPARED SANDWICHES

The Ultimate Sandwich - \$9

House-made hummus, grilled asparagus, tomato, portobello mushroom, arugula, basil-balsamic vinaigrette, on gluten-free bread

Vegetable Wrap - \$9

Grilled tofu, cucumber, diced tomatoes, spinach, black bean spread, wrapped in a flour tortilla

Chipolte Chicken Wrap - \$10

Chipolte chicken, smoked gouda, ancho chile mayonnaise, arugula, chopped tomatoes, roasted peppers, wrapped in a flour tortilla

Turkey and Ham Club - \$10

Boars Head Oven Gold Turkey, honey glazed ham, natural swiss, Vermont cheddar, apple smoked bacon, lettuce, tomato, on everything bread

Classic Ham and Cheese - \$10

Honey glazed ham and aged gruyere, lettuce, tomato, on a brioche bun



BREAKFAST

LUNCH

Special of the Day - \$4

Special of the Day (prices vary)

Steel Cut Oatmeal - \$3

Breakfast Pastries - \$2

Bagel - \$2

HOT SANDWICHES

Pastrami Reuben - \$10

Boars Head Pastrami, imported swiss cheese, sauerkraut, Russian dressing, hot pressed on rye bread

Italian Panini - \$11

Genoa salami, hot capicola, mortadella, provolone cheese, field greens, tomato, Italian vinaigrette, pressed on a baguette

Focaccia Grilled Cheese - \$8

Italian Fontina cheese, Vermont cheddar, smoked gouda cheese, pressed on focaccia bread



MAKE YOUR OWN SALAD

Salad with Vegetables - \$9 Salad with Protein - \$11

STEP1 Pick Your Greens

Spring Mix, Spinach, Romaine Lettuce

STEP 2 Choose Your Toppings

Diced tomatoes, julienne of cucumber, roasted sunflower seeds, flaxseeds, dried cranberries, julienne red onion, julienne of carrot, sliced radish, broccoli florettes, shredded cheddar cheese, goat cheese

STEP 3 Add Protein

Grilled chicken, diced turkey breast, diced ham, chopped bacon, chopped eggs

Dressings include Ranch, Caesar, Blue Cheese, Italian, Balsamic, Honey Mustard

